

ARUN DISTRICT COUNCIL

COUNCILLOR FEEDBACK REPORT FROM OUTSIDE BODIES

Report to Housing & Wellbeing Committee – 25 January 2023

Name of Meeting:	HASC (Health and Adult Social Care)
Date of Meeting:	11 January 2023
Report by:	Councillor Jacky Pendleton– The Council's Nominated Representative

1. STROKE SERVICES UNIVERSITY HOSPITALS SUSSEX

Focus of Scrutiny

- Reasons for the proposed changes, improvement in patient outcomes & clinical quality
- Impact of changes on parents/carers/families
- Further engagement - HASC/public/staff
- Overall recognition that current stroke care did not meet national standards so proposed changes for acute services involved a reconfiguration to achieve consistency national standard and create an excellent service overall.

Objectives:

- To deliver a 24 hr, 7 days a week service including consultants, nursing staff, psychologists, physiotherapist, occupational therapists and other support services.
- To create a consistent clinical pathway across the coastal strip from Southampton to Brighton
- To strengthen nursing teams

6 options considered:

- Option 1 : Do nothing
- Option 2 : Acute stroke centres in both Worthing and Chichester
- Option 3a : Acute stroke centre at Worthing for post hyper care at St. Richards
- Option 3b : Acute stroke centre at Worthing for full period of acute care
- Option 4a : Acute stroke centre at St. Richards Chichester plus post hyper care at Worthing
- Option 4b : Acute stroke centre at St. Richards, Chichester for full period of acute care.

Favoured option is 4b as a site to specialise in acute stroke cases as a single site for the west of county including Chichester, Horsham and Worthing. this will be supported by an acute stroke centre at the Royal Sussex County Hospital in Brighton. Worthing acute stroke centre would cease to operate.

Process going forward:

- Formal 12 week consultation with public, councillors and staff from January to April 2023.
- Followed by producing a Decision Making Business Case.
- Take this to the Care Board

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- Hold a Public Meeting
- Decision by ICB between July & September 2023
- Decision taken to September 2023 HASC

Rationale:

- Providing an efficient and effective 24/7 stroke service requires a patient throughout of between 600 to 1200 patients annually.
- Current annual patient numbers for approx. 530 at Worthing & 490 at St. Richards
- Consultant workforce and support services are unable to deliver a face-2-face service 7 days a week.
- TIA service is currently only delivered 5 days a week
- Therapist services currently only delivered 5 days a week
- Nursing ratios need to be improved to reduce mortality
- Imaging/scanning and interpretation of those scans is not available out of hours

Forward Aim:

- To achieve excellence = consolidate, recruit, train, keep up to date

Targets/Issues:

- Maximum of travelling time to hospital will be 45 mins.
- Longest journey if from the north western part of the area
- Front door admission time at hospital crucial
- Pre-hospital triage through tele medicine app at patients location
- Admission through a stroke specialist nurse on arrival at hospital
- Fast track on admission to CT scan service
- Recruitment of consultants, nursing staff, support services a challenge
- Bring current staff together at St. Richards Chichester
- Time will be needed to achievement recruitment of appropriate staffing levels.
- Care for Worthing area - 43% to Brighton and 47% to St. Richards

Additional Information:

- Includes pathways for patients self-presenting and those who are currently on site for an alternative health issue.
- Large communication programme planned to provide reassurance on the detail of the change.
- Parents/Carers/Families
- Public/private transport has been included as part of the analysis
- Consultation with public and councillors to identify issues and options
- 2 areas to consider - immediate transport and accommodation on inception of stroke and ongoing transport whilst patient is under

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treatment

- Consideration to be given for community transport and in-hospital arrangements.

2. LIFE YOU WANT TO LEAD

- Strategy for delivery of adult care
- Covers 3 year period to 2025

Areas for scrutiny:

- Activities already delivered against commitments in strategy
- Planned activities to meet commitments in strategy
- Areas for consideration for future scrutiny

There are 5 priority areas set out in the strategy:

- Tackling social isolation through family/friend support at the centre with social network opportunities
- Providing the right information and advice when its needed
- Supporting people to live in their own home as long as possible followed by extra care and planned withdrawal of young people from the family home.
- Adequate care workers, support for adults with autism and brain injuries, planning for the cost of care plus transition from Children's to Adult's Services.
- Inclusion and improved access to services for disadvantaged adults, diverse communities plus digital inclusion and assisted technology.

Funding has been received from government:

- Adult Care Discharge Fund (£2.3m) to achieve more effective discharge from hospital to appropriate care
- Increase in Social Workers support
- Commissioning of additional 88 beds in care homes (Sussex Health Care)
- Additional domiciliary care hours

The strategy sets out how to achieve the aims, the progress to date and future initiatives. Issues associated with this include:

- Levels of need being higher than ever experienced before
- Challenges for the provider market to achieve best outcomes
- Pressures on staff

Process of discharge:

- Hospital to
- Care bed to
- Domiciliary care to

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- Independence at home.

Important to remember that the route of Hospital discharge to independence consists of only 10% of Adult Social Care work. the majority of work consists of supporting people so they don't need to go into hospital.

Homelessness and Rough Sleepers (page 73 of the report):

- 71% have known mental health problems
- 61% have a substance misuse problem
- 40% are in poor physical health
- 6% are fleeing domestic violence
- Priority for council is people on the edge of social care, providing services to get them into accommodation and support structures around them to stay in accommodation.

Extra Care:

- providing extra care facilities where residents can move in the same location from semi-independent living to residential living to nursing care without changing location.
- Provision now county wide including Crawley, East Grinstead and Eastergate with an additional scheme planned in Worthing.

Adult Social Care Relative Needs Formula:

- Government formula is considered to disadvantage the SE of England
- Heavily influenced by measure of deprivation rather than the factors which drive cost pressures or with pockets of urban deprivation.
- It is unlikely that the formula will change
- Key task is to provide help for self-funders to use their resource & partial funding to better effect.

Upcoming MTRF reflects:

- Additional resources allocated to Adult Social Care by WSCC
- Resources for mental health provision
- Resources for Learning disabilities

CQC inspections:

- Have continued for regulated services e.g. care homes
- Inspection of Adult Social Care services has not been inspected for some time.
- A new framework is due to be put in place but there are no time scales as yet attached to this.

Commissioning:

- robust commissioning is considered and important part of delivery of the strategy

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- the new structure will focus on older adults including mental health and learning disabilities
- improvement in commissioning of mental health services is a key focus.

Quality Assurance:

- Piece of work concluded for now
- Work summarises the audit process
- Explains links to other areas
- Advocates working with partners across the board
- await CQCs update on what they propose doing going forward
- WSCC is up to date and ready

Mosaic:

- social care record
- individual customer record
- live record for every individual.

3. FORWARD PLAN FOR UPCOMING REPORTS

- Mental Health
- Suicide Prevention
- Update of ASC strategy
- Update on Stroke programme
- Update on South East Coast Ambulance Service
- Transition from Children's to Adult's Services
- Recommendation for Marjorie Cobby House, Selsey and Shaw Day Scheme
- Update on Virtual Wards
- Update on Dentistry

4. DATE OF NEXT MEETING

8th. March 2023 10.30am

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